



MESA DAY CONTEST RULES 2026-2027

Engineering Lab Report

- LEVEL:** Middle and High School (all grades)
- SCOPE:** Required **ONLY** for Cargo Glider, MESA Machine and Moon Base
- OVERVIEW:** The purpose of the Engineering Lab Report is for students to better understand the process an engineer goes through in the creation of a project. MESA projects are not designed to be completed in a single class period or day, but to be the result of thoughtful research, planning, analysis and evaluation. Keeping a lab report throughout the design process will help to keep a designer on track, using a logical progression of planning, in order to develop their project efficiently.
- MATERIALS:** **Electronic submissions will be required.** Teams should use an electronic portal/application such as Google Docs to keep and maintain a lab report. Access and permission to the lab report must then be given to MESA Day staff and judges OR lab report is submitted electronically (e.g., PDF file, WORD file) for review.

Please check with your local MESA center for the deadline and submission platform to submit your team's lab report for local and for regional events.

ABOUT THE RESPONSIBLE USE OF ARTIFICIAL INTELLIGENCE (AI):

We acknowledge that Artificial intelligence (AI) tools could be used to help with parts of this report, such as brainstorming ideas, organizing information, improving grammar, or checking for clarity. However, AI should not replace the student's own thinking, research, problem-solving, or understanding of the project. The report should reflect the student's own work, ideas, and learning

Students are responsible for making sure that all information in this report is accurate, relevant, and based on reliable sources. Any facts, data, calculations, or conclusions generated or suggested by an AI tool should be checked and verified before being included in the report. You should also have appropriate references for all information and conclusions made that are not your own.

AI should be treated as a helpful tool, not as a substitute for original thinking, ethical research, or honest academic work.

REQUIREMENTS:

Lab reports are meant to clearly demonstrate and illustrate evidence of the application of the Engineering Design Process in the MESA project. One lab report per team should be submitted per required competition.

Engineering lab reports must be properly labeled (names, school, center, grade level, etc.). Lab reports must be the original work of the students and cannot include copy and pasted material from the MESA

rules or other outside sources. **Lab reports must be electronically generated (i.e., typed),** with the exception of the mathematical equations, models, tables and graphs. It must contain and cover the following sections, with each section titled/labeled:

- 1) **IDENTIFY THE PROBLEM** (at least 2 sentences for each question) *This is where you determine what goals you are working towards with your project.*
 - a) What is the problem/challenge you are working on? What is the ultimate goal of the project? *Ex: What should the end result of your project be?*
 - b) What are the limits/constraints? In other words, what rules do you have to be sure to follow? What are your guidelines? *Ex: Are there materials you aren't allowed to use? Is there a certain size limit you have to stay under?*
 - c) How do you think you can solve the problem/challenge?

Tip: Read the competition rules thoroughly. As you read them, take notes in this portion of your lab report of important information.

2) EXPLORE

This is the research portion of your project. Before coming up with solutions you should understand the scope of your project, what others have already done, what has not yet been done (but should be), resources for information, materials, and ideas, and any other information that could help you create your project.

Include a real world example of project OR concept. Describe example (2 sentences). Find out what else has been done to solve your problem (research). Clearly list at least 3 sources (web pages, articles, reports, etc.) using PROPER CITATIONS to show where the source is from (to help create citations: <https://www.citationmachine.net/>). Identify (cite) and describe each one (one sentence).

Tip: The goal is not to find what others have done in order to replicate their process; you are looking to familiarize yourself with the concepts related to your project in order for you to be able to come up with a unique solution.

3) DESIGN

This is the portion where you get to start being creative. Using your research and clearer understanding of your project scope, you will begin to craft multiple solutions in order to decide on which you think is the best, or perhaps even a combination of them all.

Brainstorm ideas (at least 3 ideas) and record them. Each idea should be represented by a sketch or drawing. These sketches and drawings should include notes about what the sketch means and how it would be executed. Select one idea and create a plan (at least 5 sentences) to build a prototype from. Generate a list of materials for your prototype.

4) CREATE

This is the portion where you get to start building. Once you have your materials, you will build your prototype based on the plan you created.

Using your plan, build your prototype; describe the building of prototype (at least five sentences). Include a picture of the actual project prototype.

Tip: The best way to describe how you built your prototype is to write the description as you are building. Notate where you had to deviate from your plan and why. Having this portion of your lab report will allow you to thoroughly analyze your work and easily find where you need improvements, not just of your project, but your building process as well. These notes should also help you in the building of your final project as well.

5) TRY IT OUT

This is the portion where you test your prototype and analyze your results in order to improve your design and process. This portion is typically continued until you have created a test result that fulfills your goal.

Test your idea/prototype. Attempt at least 3 trials/attempts of your test. Measure the results of your test (by project performance criteria). Provide evidence of the use and application of at least 2 appropriate mathematical concepts in your tests.

Tip: Take notes about each of your trials: setting up the test and anything you did differently during each time you set up, performing the test and anything that went differently during each trial, the results of each test and why you think each was different and what improvements need to be made.

6) MAKE IT BETTER

In this portion you review your test results and use them to come up with ways to improve your project to begin production on the final product. It is possible you will see major changes from your initial design, but it is also possible that it will still be similar.

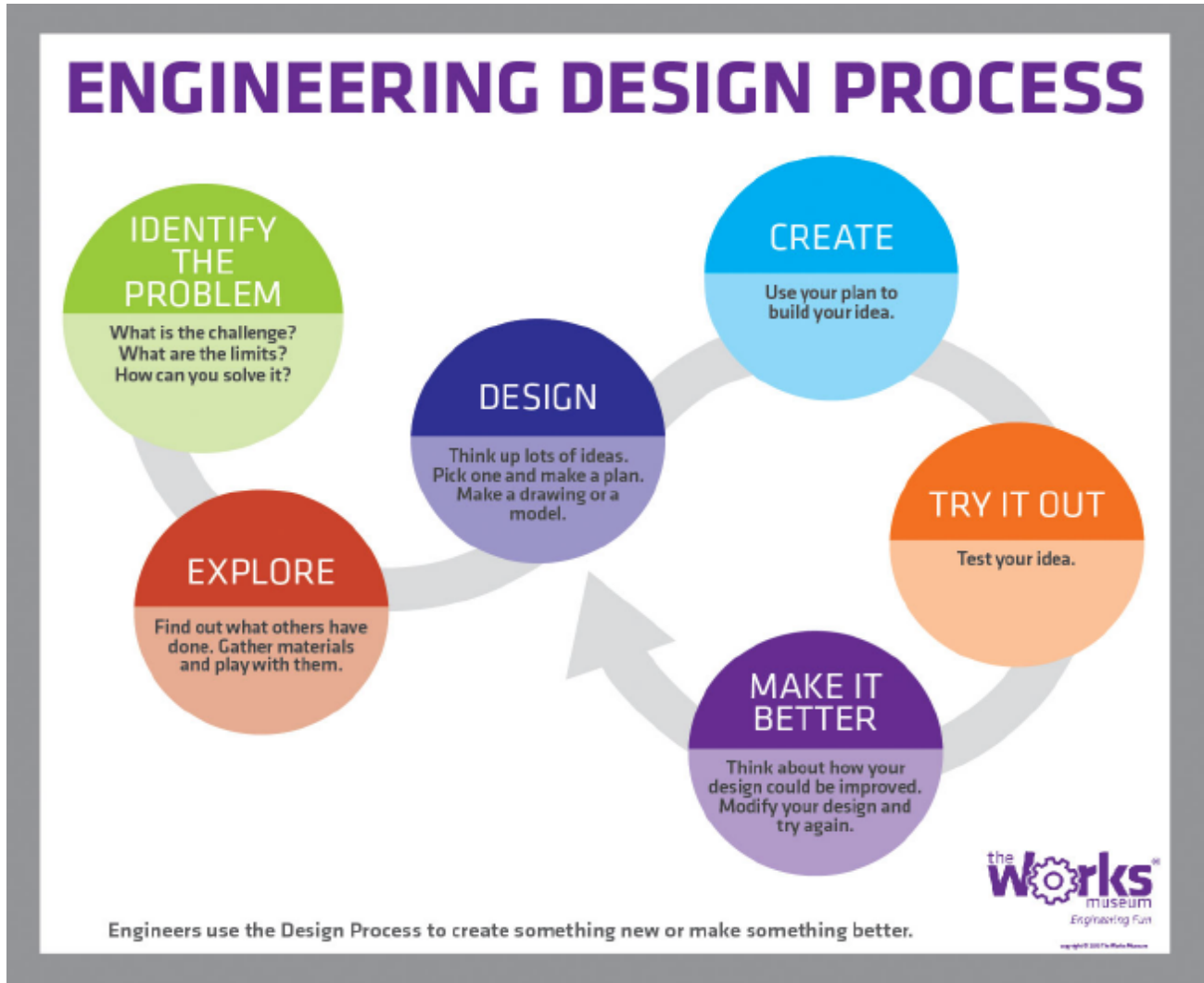
Describe how you can make the project better and what modifications you will be making (at least 5 ways you can improve the project). Build and prepare a competition ready project. Include a picture.

Tip: Test out the modifications on your prototype or build a new prototype if necessary. Did your modifications work? If so, you are ready to build a competition ready project. If not, what additional modifications do you need to make to do so? Analyze your design process and show understanding of your successes and failures.

SCORING:

Please use the rubric on the subsequent page to determine the final lab report score. The score will be part of the Final Score for the corresponding competitions (Lab Report Score + Performance Score = FINAL SCORE). Missing lab reports will receive a score of "0." A missing lab report is one that is not submitted and received through the required methods.

VISUAL OF ENGINEERING DESIGN PROCESS (basis of Lab Report)



MESA DAY 2026-2027

Lab Report Requirement Rubric

Project/Contest: _____

Level (circle one): _____

Middle School

High School

Team Member Names: _____ School: _____

Criteria	Excellent <i>(no stated items missing)</i> (4 pts.)	Good <i>(one stated item missing)</i> (3 pts.)	Fair <i>(two stated items missing)</i> (2 pts.)	Poor <i>(three or more stated items missing)</i> (1 pt)	Missing <i>(Criteria is completely missing)</i> (0 pts)
A Is the lab report properly labeled? <i>(Names, Grades, School, Center)</i>			2 pts – All stated items included	1 pt – One or two stated items missing	0 pts – Stated items completely missing
1 Identify the Need <i>At least 2 sentences. State what is the challenge being worked on? What are the limits/constraints? How do you think you can solve it?</i>		3 pts – All stated items included	2 pts – one stated item missing	1 pt – Two or more stated items missing	0 pts – Stated items completely missing
2 Explore <i>Conducting research (one real world example, description, list 3 cited/referenced sources), gathering materials, try using materials</i>					
3 Design <i>Brainstorming ideas (at least 3 iterations) each represented by a picture, sketch or drawing. Creating a plan for selected idea (at least 5 sentences). A list of materials for the prototype.</i>					
4 Create <i>Building a prototype. Describing the building of the prototype (at least 5 sentences). Include a final picture of the project.</i>					
5 Try it Out <i>Testing idea/prototype. Attempting at least 3 trials/attempts. Measuring each trial result (by specific performance criteria like distance traveled, time, etc.). Providing evidence of the use and application of at least 2 appropriate mathematical concepts in the tests.</i>					
6 Make Better <i>Evaluate results. List at least five ways project can be improved</i>					
SUB TOTALS					

Rubric Total (25 points possible): _____